



# Ryecroft C.E. Middle School

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Ryecroft C.E. Middle School  
Ashbourne Road  
Rocester  
Staffordshire  
ST14 5NW

11<sup>th</sup> December 2018

Dear Parent / Carer

## **PSHCE: Year 7 Puberty and Sex Education**

As part of our Key Stage 3 PHSCE studies, we will shortly be starting a unit of work on Puberty, Relationships and Sex Education.

Our studies follow the National Curriculum and cover the human reproductive cycle including: changes to your body during puberty; sexual and stereotypical, relationships and what is sexual intercourse.

We will be viewing and discussing a number of programs aimed at your child's age group on these issues, in addition to undergoing written work for your child to demonstrate an understanding of the subjects. These lessons also support Science lessons, which may have been previously delivered on Sex Education, however within PSHCE we explore the moral sides of the subject and understanding the rights and wrongs as well as individual's beliefs.

If you have any questions relating to your child's learning in this area, then please do not hesitate in contacting me.

Yours sincerely

Miss N Starkey  
Lead for PE & PSHCE

### UTTOXETER LEARNING TRUST



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Company Number: 10547353

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